

**November 13, 2016**

**33rd Sunday of  
Ordinary Time**



**Mass Schedule:**

Sunday 10:00 a.m.  
(interpreted)  
5 p.m. Mass

**At Masses we  
remember:**

**10 am: Helen Schumaker  
5 pm: Donna Piano**

November 6 collection  
\$410.

Thank you for  
your support.

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- *The Knights of Columbus are hosting a Pancake Breakfast for the community—today after the 10 am Mass. All are welcome.*
- *Alice is presenting Theology on Tap for the Diocese of Rochester on Monday, November 14th @ 7 pm at Beale Street Grille, 689 South Avenue. The topic is Anger Management: Peace through Forgiveness. Interested in going? Let me know.*
- *Are you going to be in Rochester over the holiday? Looking for a place to eat Thanksgiving Dinner? Send an email to Alice amncpm@rit.edu. We will connect you with families welcoming students!*
- *Today we welcome Azelee Mahlar into our community through the waters of Baptism at the 10 am Mass. Her grandfather, Deacon David Losito will baptize her.*

# RIT Nation

It has been quite a week for individuals as well as for our country. This week has forced many of us to face not only the divisiveness in our country, but that which lives within each of us. Yes, this is the harder reality, each one of us carries “stuff” that every once in awhile surfaces and needs to be considered, reflected upon and healed.

**"To straighten the crooked, one must first do something harder, straighten oneself."** Buddha

All that we see wrong in the world often has similar roots within us. We might like to think of ourselves and see ourselves as independent and separated from that which is around us, but maybe not so much as we might think. It is in our connectedness and unity, that we can appreciate and even understand our diversity. In the words of Thomas Merton, **“We are already one. But we imagine that we are not. And what we have to recover is our original unity. What we have to be is what we are.”**

You and I are called to be lights of hope and goodness in the world in which we live. I truly believe that the world desperately needs each of us. It is no mistake that we are here. And so, I would like us to consider doing what the two quotes I have referenced invite us to consider:

- Look deep within...when we feel intense anger or frustration, breathe deeply and consider its origins, the roots of the anger and frustration. Might there be a potential point of healing, new understanding or place of reflection?
- Who are we? Who are you and who am I? Who is the Alice Miller Nation or (put your name here) that God created me to be? Am I living each day honoring the gifts and potential God has placed in my heart? Am I living a life that believes “the world desperately needs me and what I have to offer?”
- Breathe and pray. Each day. Take a few moments each day, turn off the ear buds and give the God who loves you beyond belief the chance to whisper into your ear. You might hear God’s whisper in the warm fall breeze as it brushes across your face, or in the colors of the world around us. You might hear God’s whisper in the encouraging words of a friend...Look and Listen! Be aware.
- Find a place to be helpful. Divisiveness does not go away on its own. Find a place in your world to “walk in someone else’s shoes for a day.” Figure out a way to see the world from another’s perspective.

Know that we are here for you! If you want to talk about any of this or something else, stop by the office or send an email/text. Peace and good, Alice MN