

January 29, 2017

**Fourth Sunday
of Ordinary Time**



Mass Schedule:

Sunday 10:00 a.m.
(interpreted)
5 p.m.

At Masses we
remember:

10 am: Mary Lou Knapp
5 pm: Bob Hall

January collection
\$642.52
Thank you for
your support.

**Center for Religious Life
Newman Catholic Community**

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Agape Latte is Tuesday, February 7th at 8 pm in the Fireside Lounge. Dr. Bill Destler and his wife, Dr. Rebecca Johnson are our guest speakers. They will be sharing Lessons from the Journey! Free coffee, hot cocoa and desserts!

Kairos...it's a weekend well spent, learning about ourselves and how valuable each of us is in this world. Think about taking a weekend for yourself—Feb. 24-26

Hills and Chills....an afternoon of sledding, chili and movies. February 4, 3 pm—8 pm (if there is no snow, February 11th)

RIT Nation

About a year ago I was at a retreat day/conference. The facilitator for the day invited each of us to write down on a piece of paper all the people we love. I followed the instructions and wrote many names on my piece of paper. After a few minutes she asked us to look at the paper and review the names we had written on the paper. She then asked a simple question, “how many of you put your own name on the list?”

A few weeks ago, many of us might have started the new year making New Year’s resolutions. Now that we are a month into 2017, I would like to invite each of us to consider including our name on the list of people we love and care about. For some of us, loving ourselves might include taking better care of ourselves. For others, it might very well mean that we listen to the quiet whispers of God that we are loved beyond belief, created and known by God before we were ever born.

As we begin this new semester, choose goodness and love for ourselves and others as we make our way around the campus or places of work each day. You might choose to begin the day with a moment of gratitude or a period of quiet to focus and listen to the longings of your heart. Whatever your practice, remember that our time here is not an accident or coincidence. Our presence is so desperately needed in this world. May we each be people who bring hope and light to those around us.

Have a great week. Know that we are here for you. Stop by the office or send an email if we can be helpful!

Peace and good,

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