

June 3, 2018
Body and Blood
of Christ



Mass Schedule
Sunday 10:00 a.m.
(interpreted)

At Masses we
remember:
10 am:
Maureen and Dale Lindsay

May 27, 2018
collection:
\$125.00
Thank you for
your support.

Throughout the summer,
Newman continues to
worship on campus in the
Allen Chapel at 10 a.m.
each Sunday. Interpreters
are provided if needed.

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RIT Nation

Today our church celebrates the Body and Blood of Christ. Some of you might remember this feast as Corpus Christi. Some also might remember the days when churches had Eucharistic processions through the towns and cities as a way to celebrate this feast. For many of us, those days are gone, but the importance and centrality of the Eucharist is not!

I would like to invite each of us to really pay attention as we receive the Eucharist. What are we thinking about just before receiving? What is going through our mind as we walk back to our seat after receiving? Are there prayers you always pray after sitting down or kneeling? Or, is your prayer a quiet awareness of gratefulness and thanksgiving?

I think it is easy to do the same thing week after week and not always stay focused on what we are doing and what we have done. Might we benefit from being a bit more thoughtful and intentional when we receive the Eucharist and when we go back to our seat to pray? Take a deep breath and consider really focusing on God's love and presence in your life during this time of quiet prayer. Maybe listen to the music and see if a line or phrase "jumps out at you" that might become part of this time of prayer. And, what would it be like if this post communion prayer was extended a bit...maybe later in the afternoon or before going to bed taking a few moments to think and reflect on the moments earlier in the day after receiving the Eucharist...fully aware that God is with you and present to you all the time.

This weekend I was the reflection writer for God's Word, Many Voices. I wrote about an experience this past March with our students at the St. Francis Inn. You can find my reflection at: www.godswordmanyvoices.org

Peace and good,
Alice MN